

INDOOR PICKLEBALL TIMES

MONDAY—THURSDAY 8am-11am = MIXED

MONDAY— THURSDAY 11am-1pm= GROUPEd

FRIDAY 7:30am-9:30am = MIXED

***Hours are subject to change based on PAC programming**

Use the chart below to determine your skill level (modeled after the USA Pickleball rating system)

PICKLEBALL SKILL LEVELS

“Yes or No” Way to Figure Out Your Skill Level

✔ YES = “YES” to 5 or More Statements

✘ NO = “NO” to 5 or More Statements

- I know where to stand at the beginning of each point
- I usually get my serves “in”
- I usually let the return of serve bounce
- I am getting the hang of keeping score
- I can often keep the ball in play
- I know what a dink shot is

✘ NO

NEWBIE

2.0

✔ YES

NOVICE

2.5

- I have the basic rules down
- I am working on getting my serves & return of serves deeper
- I am working on getting my dinks shallower/lower
- I am capable of hitting a few dinks in a row
- I can usually hit backhand shots when I need to
- I’m trying to add more power or softness to my game

✔ YES

(LOW)
INTERMEDIATE

3.0

- I know most of the rules (including net rules, net post issues, NVZ, etc.)
- My serves & returns are almost always deep
- I sometimes try to hit a 3rd shot drop shot
- I try to be strategic about how and where I hit the ball
- I have a wide variety of shots in my arsenal
- I actively work with my partner to win the point

✔ YES

(HIGH)
INTERMEDIATE

3.5

- I can often anticipate my opponents’ shots
- I often finish the point when my opponent gives me an opening
- I am usually consistent with drop shots and dink shots
- I almost always play at the non-volley line
- With a good partner I can cover almost any shot
- I try to be patient & wait for the opening

✔ YES

ADVANCED

4.0

- I can consistently convert a hard shot to a soft shot
- I am almost always patient & wait for the opening
- I rarely make unforced errors
- I consistently use power & finesse to my advantage
- I can easily sustain a rally of 40 or more shots
- I have competed and/or won in tournaments at the 4.5 level or higher

✔ YES

EXPERT

4.5-5