## INDOOR PICKLEBALL TIMES

#### **MONDAY—THURSDAY 8am-11am = MIXED**

## **MONDAY**— THURSDAY 11am-1pm= GROUPED

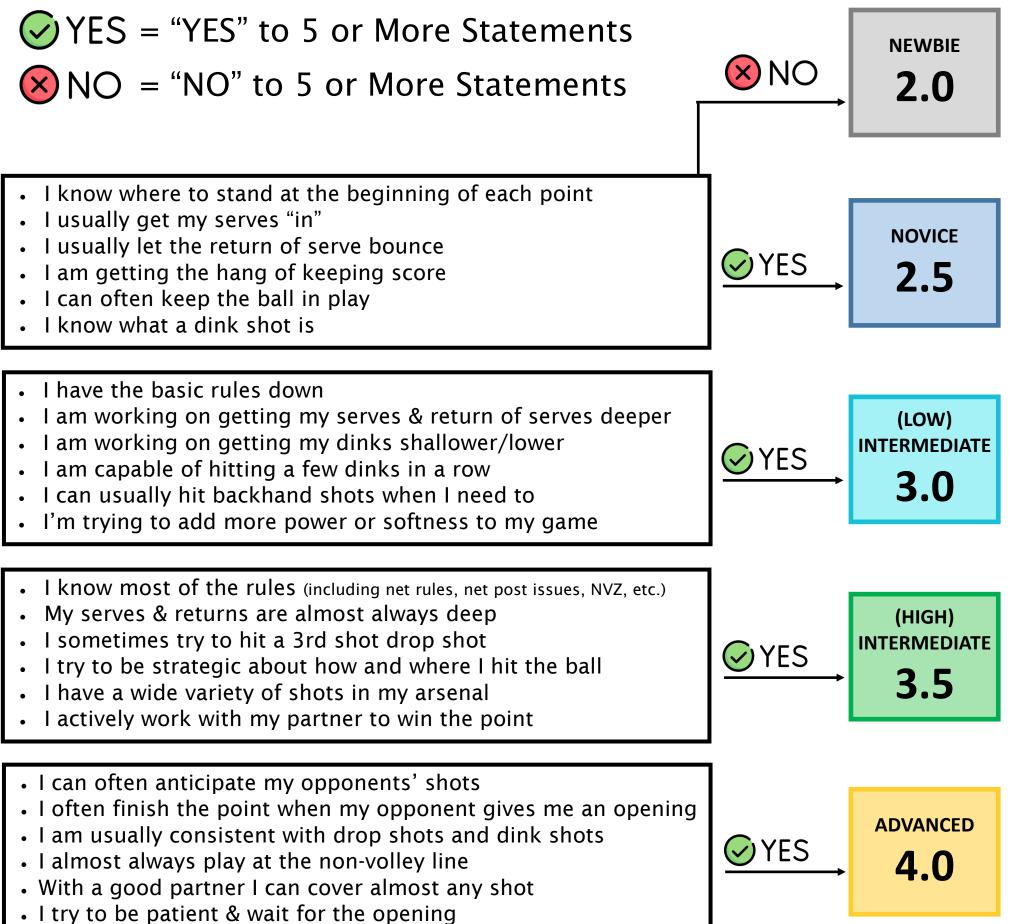
#### FRIDAY 7:30am-9:30am = MIXED

### \*Hours are subject to change based on PAC programming

Use the chart below to determine your skill level (modeled after the USA Pickleball rating system)

# PICKLEBALL SKILL LEVELS

#### "Yes or No" Way to Figure Out Your Skill Level



- I try to be patient & wait for the opening
- I can consistently convert a hard shot to a soft shot
- I am almost always patient & wait for the opening
- I rarely make unforced errors
- I consistently use power & finesse to my advantage
- · I can easily sustain a rally of 40 or more shots
- I have competed and/or won in tournaments at the 4.5 level or higher

**EXPERT** YES 4.5-5

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