INDOOR PICKLEBALL TIMES

MONDAY—THURSDAY 8am-11am = MIXED

MONDAY— THURSDAY 11am-1pm= GROUPED

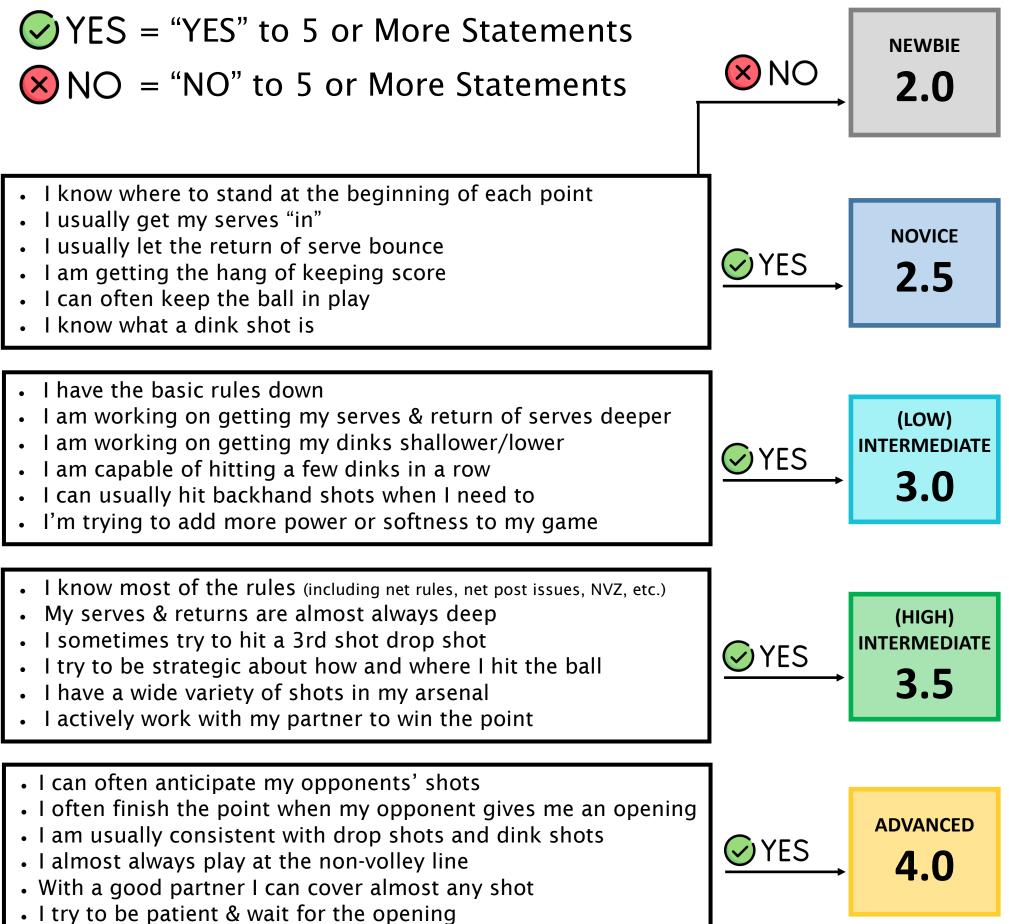
FRIDAY 7:30am-9:30am = MIXED

*Hours are subject to change based on PAC programming

Use the chart below to determine your skill level (modeled after the USA Pickleball rating system)

PICKLEBALL SKILL LEVELS

"Yes or No" Way to Figure Out Your Skill Level



- I try to be patient & wait for the opening
- I can consistently convert a hard shot to a soft shot
- I am almost always patient & wait for the opening
- I rarely make unforced errors
- I consistently use power & finesse to my advantage
- · I can easily sustain a rally of 40 or more shots
- I have competed and/or won in tournaments at the 4.5 level or higher

EXPERT YES 4.5-5

Adapted from © 2015 The Pickleball Guru, LLC & Evergreen Pickleball Club