

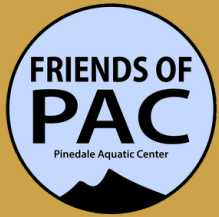
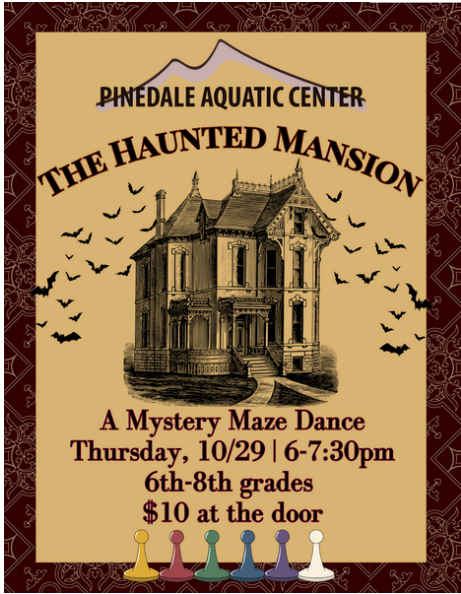
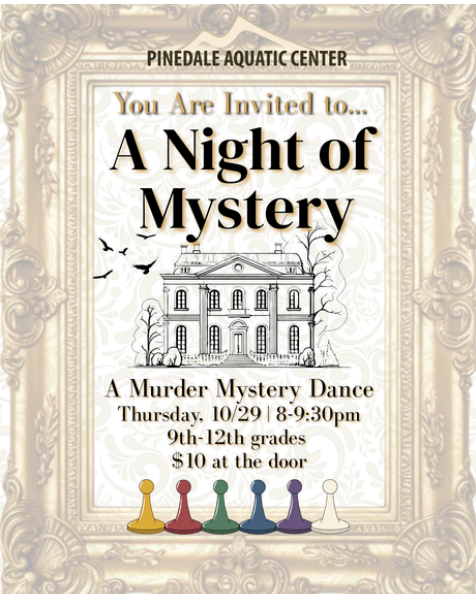
Group Fitness Classes and Personal Training

We have a wide range of fitness class offerings for all levels. From Aerobics to Yoga, plus classes in our studios and pools! Find our current schedule online or at PAC Guest Services. Also, join our PAC Fitness Group on Facebook to get updates on new classes and cancelations!

PAC also offers personal training. Sign up for one or more days with our trainers to get yourself motivated for a lifetime of fitness. See website for details.



Do you want to learn to belay?
Contact Joe at
jsteege@pinedaleaquatic.com for more
information and to set up a class time.



Youth scholarships for PAC programs and memberships are available through Friends of PAC. Visit the website to apply or to make a donation! www.welovePAC.com Adult scholarships are available directly through PAC

CONTACT US
307.367.2832—GUEST SERVICES | WWW.PINEDALEAQUATIC.COM

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Facility Policies, Rules, and Information:

- All patrons must check-in at the front desk upon entry to PAC. All patrons are expected to pay admission when visiting PAC unless spectating during an organized program or event or as part of a facility rental/league/tournament.
- All children 7 and under must be accompanied by an actively supervising responsible person aged 16+, including in the water.
- Shirt & shoes are required in all areas outside of the pools and locker rooms.
- Patrons must be 14 years of age or older—or accompanied by an actively supervising responsible party 18 or older — to be upstairs at PAC.
- Weight room open to those 16 years of age and over who are actively exercising. Youth aged 14-15 may use weight room when actively supervised by an adult (18+). Youth under 14 prohibited in the weight room.
- Camera/Phone use prohibited in locker rooms
- PAC is located on SCSD#1 premises. No alcohol, tobacco, e-cigarettes, weapons (except lawful concealed carry), or pets (except service dogs) are allowed in the building or surrounding areas.
- Program refunds subject to \$10 processing fee and must be requested at least 5 business days in advance of the first day of the program.



Facility Hours beginning August 24: Monday-Friday: 5am-8pm | Saturday: 10am-4pm | Sunday: Closed

Pool Hours:

Monday-Thursday: 6am-1pm and 4pm-7pm
Friday: 6am-7pm | Saturday: 10am-3:45pm
(2pm for comp pool)

Rec swim begins:

Mon-Thur @ 4pm
Fri & Sat @ 10am

Water features will be unavailable during swim lessons and areas may be limited or closed during swim practices and meets.

Climbing Wall:

The Todd Skinner Memorial Climbing Wall is available to PAC certified climbers during open facility hours.

The climbing wall is staffed:

Monday-Thursday: 4 PM-6 PM
Friday & Saturday: 12 PM-4 PM

Child Care:

PAC has Child Care available for our patrons while on-site. The cost is just \$1 per 1/2 hour. Come check out this awesome service for new babies (6 wks) through age 7. Begins Sept 8

Tuesday-Thursday: 8:30 am–Noon

Holiday Closures:

Labor Day, Thanksgiving Eve (close at 4pm), Thanksgiving Day, Christmas Eve, Christmas Day, New Years Eve (closes at 4pm), and New Years Day

Dates to Remember:

August

17: Jr. Wrangler Tackle Football begins
24: Fall Hours begin
24: Jr. Wrangler 5th/6th Volleyball begins
25: Jr. Wrangler 3rd/4th Volleyball begins

September

1: Jr. Wrangler 2nd/3rd Flag Football begins
1: Jr. WranglerK/1st Football Camp begins
7: Labor Day - PAC CLOSED
8: Child Care returns
14: Youth Judo Level 1 - 4pm class begins
14: Session 1 Swim Lessons begin
18: Youth Judo Level 1 - 9am class begins
18: Youth Judo Level 2 - 10:15am class begins
18: Little Wrangler Fridays begins

October

6: Young Guns begins
9: Youth Climbing Club begins
12: Coed Volleyball begins
22: First Aid/CPR Class
29: The Haunted Mansion for MS 6-7:30pm
29: A Night of Mystery for HS 8:00-9:300pm
November
2: Jr. Wrangler Basketball 3rd/4th begins
3: Jr. Wrangler Basketball Girls 5th/6th begins
9: Session 2 Swim Lessons begin
21: Pie Social
25: Thanksgiving Eve - PAC Closes at 4pm
26: Thanksgiving Day - PAC CLOSED

December

2: Library Storytime in the Leisure Pool
5: Jollyball Jamboree Volleyball Tournament
17: First Aid/CPR Class
19: Frosty 5K
24: Christmas Eve - PAC CLOSED
25: Christmas Day - PAC CLOSED
31: New Years Eve - PAC Closes a 4pm
January
1: New Years Day - PAC CLOSED
6: 1st/2nd grade and 5th/6th BOYS basketball begins

www.pinedaleaquatic.com
307-367-2832

Daily Admission Rates

Resident:

Children (0-5): Free
Youth (6-18): \$3
Adult (19-59): \$6
Senior (60-74): \$4
75+: Free

Non-Resident:

Children (0-5): Free
Youth (6-18): \$4
Adult (19-59): \$10
Senior (60-74): \$6
75+: Free

Pinedale Aquatic Center - Fall 2026

Fall at PAC

As the weather cools and the school year settles into a routine, don’t forget to make PAC part of your fall plans! Whether you're looking to squeeze in a solo workout or join one of our many programs, we've got something for everyone. From youth and adult rec sports to fitness classes, swim lessons, and seasonal events like our Halloween festivities, Coed Volleyball Tournament, and the annual Frosty 5K—there’s always something happening at PAC. We can’t wait to see you here!



Aquatic Programs:

Learn to Swim Lessons: Pre-K - ages 3 & 4 | Level 1-5 - ages 5+ (or 4 with prior experience)

Session 1:
Monday/Wednesday | Sept 14 - Oct 7
Levels 1-3: 4:15pm - 5pm
Levels 1/2: 5:15pm - 6pm (ages 8 & under)
Pre-K: 5:15pm - 5:45pm
Cost: \$50 | Call 307-367-2832 to register



Session 2:
Monday/Wednesday | Nov 9 - Dec 9*
*no class Thanksgiving Week
Levels 1-5: 4:15pm - 5pm
Levels 1-5: 5:15pm - 6pm
Pre-K: 5:15pm - 5:45pm
Cost: \$50 | Call 307-367-2832 to register

Private Swim Lessons: We offer private swim lessons for both adults and children. Scheduled at any time during normal PAC operating hours—depending on instructor availability. Register online today!



Lifeguard In-services: Lifeguard training is a priority at PAC and our pools will be closed either the first Monday or Tuesday of the month at 6pm for in-services. Interested in being a lifeguard? Contact Kirby at kwalker@pinedaleaquatic.com

Community CPR/First Aid Courses:
Get your American Red Cross First Aid & CPR certification at PAC!
Just \$55 Register by calling 307-367-2832
Assessment Dates:
October 22 and December 17 at 5:30pm



Note: Courses are primarily done online with a short face-to-face skills assessment. American Red Cross will mail you a link to course materials upon registration. Allow 3 to 5 hours to complete the online component.

Upcoming High School swim meets: September 14 and October 3
The competition pool will be closed to the public during swim meets.

Adult Offerings	Dates	Age/Grade	Description	Min/Max	Cost
Open Gym Basketball	Wednesdays begins 9/9 6:15pm-7:45pm	Adult	PAC will host a coed open gym basketball on Wednesday nights. Games will be played with PAC's house rules (rotating games and teams). No open gym 10/28 or 11/25	NA	Free with Daily Admission
Open Gym Volleyball	Mondays 9/14 - 10/5 6:15pm-7:45pm	Adults	Looking for a fun way to stay active and connect with others? Join us for Adult Open Gym Volleyball—open play, all skill levels welcome! No open gym volleyball during Coed Leagues, but look for its return in January.	NA	Free with Daily Admission
Coed Volleyball	Monday Evenings 10/12- 12/14 5:30pm	16+	Participants must be at least 16 years old to participate in PAC leagues. Current HS athletes are not eligible to play. Guaranteed 6 games, with a single-elimination tournament to end the season. Rec and Competitive divisions available if there are enough registered in each. Childcare available from 5:30pm-7:45pm. Register online	4/12 teams	\$25/player

Recreation Programs:

Youth Offerings	Dates/Times	Age/Grade	Description	Min/Max	Cost
Little Wrangler Fridays	Fridays 9/18 - 12/11 7:45am-2pm	K - 5th	Join us on no school Fridays for a variety of active, creative, and educational activities. Register for one or all Fridays, and sign up early, as space is limited. NO LWF on 11/27. Call or stop in at PAC to register.	Min: 12 Max: 20	\$25/day
Youth Judo/Jiu Jitsu Level 1	Mondays 9/14 - 10/12 4-5pm Fridays 9/18-10/16 9-10am	Ages 7-12	This 5 week Youth Judo/Jiu Jitsu class will introduce participants to fundamentals of Judo and Jiu Jitsu while building strength, balance, coordination, discipline and confidence. No equipment is needed for this intro class. Register online.	Min: 6 Max: 10	\$40
Youth Judo/Jiu Jitsu Level 2	Fridays 9/18-10/16 10:15-11:15am	Ages 7-13	This 5 week Youth Judo/Jiu Jitsu class will build on previous class experience and teach more complex skills of Judo and Jiu Jitsu. Must have completed a beginner course to register for this class. Register online.	Min: 6 Max: 10	\$40
Youth Climbing Club	Fridays 10/9 - 11/13 1-3: 11am-Noon 4-8: 10am-11am	1st - 8th grade	We teach kids the fundamentals of climbing while helping them build confidence, overcome fears, and challenge themselves in a fun and supportive environment. Join Coach Brittany Williams and grow strong—physically and mentally . Register online.	Min: 6 Max: 12	\$35
Young Guns	Tues/Thur 10/6 - 10/22 4pm-5pm	6th-8th grade	Train like an athlete! Young Guns helps 6th–8th graders develop strength, agility, speed, and core stability with Coach Joe Steege. Register online.	Min: 6 Max: 10	\$30
3-4 Grade Jr. Wrangler Basketball	Mon/Wed or Tue/Thu 11/2 - 12/18	3rd - 4th	NEW DATES! 3rd & 4th Grade Basketball is here! Join us for a fun, skill-building program where players learn the game, grow their confidence, and develop resilience both on and off the court. Register online.	MAX: 35 players	Reg: \$50 till 10/12 Late: \$60 till 10/25
5-6 Grade GIRLS Jr. Wrangler Basketball	Tues/Thur 11/3- 12/18	5th - 6th Girls	Our girls-only division will help prepare young athletes for middle school basketball! They will focus on building fundamental skills, teaching basic plays, and boosting confidence on the court in a team-focused environment. Register online.	MAX: 20 players	Reg: \$50 till 10/12 Late: \$60 till 10/25 or when full
1-2 Grade Coed and 5-6 Grade Boys Jr. Wrangler Basketball	Begins in January	1st/2nd and BOYS 5th/6th	Registration for this winter program will open in December. Keep and eye out for more details to come!	MAX: 40 players	Reg: \$50 Late: \$60

Special Offerings	Dates	Age/Grade	Description	Min/Max	Cost
The Haunted Mansion	Thursday, 10/29 6-7:30pm	6th-8th grades	Navigate a spooky, Clue-themed haunted mansion maze before dancing the night away with your friends! This event is designed for middle school students looking for a fun and spooky night.	NA	\$10 at the door
A Night of Mystery	Thursday, 10/29 8-9:30pm	9th-12th grades	Enjoy a night of dancing while working to uncover clues and solve the mystery. Dress up, bring your friends and see if you can figure out who did it!	NA	\$10 at the door
Fall Pie Social	Saturday, 11/21 1-3pm	All Ages	Join us for an old fashioned pie social! We will have pie, coffee, and cider along with dancing and corn hole. Come and enjoy this FREE community event with family and friends. Bring a canned good to be donated.	NA	FREE
Jollyball Jamboree	Saturday, 12/5	16+	Come play in this fun and festive coed 6 v 6 volleyball tournament. Teams are guaranteed 4 games (including pool play). Register for the rec or competitive divisions. Festive, creative costumes encouraged! Register online.	6 teams/16 teams	\$150 until 11/14 \$200 until 11/29
Frosty 5K	Saturday, 12/19 10am	All Ages	Bring the whole family down for an outdoor fun 5K walk/run to celebrate this holiday season. Warm-up after with a cup of hot cocoa or coffee. Contest for the best festive costume! Register online.	NA	FREE - donations accepted