

Group Fitness Classes and Personal Training



We have a wide range of fitness class offerings for all levels. From Aerobics to Yoga, with classes in our studios and pools! Find our current schedule online or at PAC Guest Services. Also, join our PAC Fitness Group on Facebook to get updates on new classes and cancellations!

PAC also offers personal training for those who need a little more knowledge. Sign up for one or more days with our trainers to get yourself motivated for a lifetime of fitness. Our website has more information and rates on our fitness/ personal training offerings: [www.pinedaleaquatic.com](http://www.pinedaleaquatic.com)



Do you want to learn to belay? Contact Joe at [jsteege@pinedaleaquatic.com](mailto:jsteege@pinedaleaquatic.com) for more information and to set up a class time.

PINEDALE AQUATIC CENTER  
ACTIVITY GUIDE



Facility Hours and Operations:

PAC Hours of Operation:

Monday—Friday: 5am—8pm\*

Saturday: 10am—4pm

\*begins September 2nd

Sunday: Closed

Holiday Closures:

Labor Day, Thanksgiving Eve (close at 4pm), Thanksgiving Day, Christmas Eve, Christmas Day, New Years Eve (close at 4pm), and New Years Day

Pool Hours: \*begin August 25\*

Monday—Thursday: 6am—1pm & 4:00pm—7:00pm

Friday: 6am—7pm

Saturday: 10am—3:45pm (2pm for comp pool)

Rec swim starts at 4:00pm (Fridays & Saturdays at 10am)

*note: water features will not be available during swim lessons and areas may be unavailable during swim practices or meets. Pools close at 6pm for staff training once a month*



Dates to Remember:

August:

- 12—Board Meeting
- 13—Splash Pad 11am-1pm
- 15—Duck Derby
- 18—Jr. Wrangler Tackle Football begins
- 19—Community CPR @ 1pm
- 20—Splash Pad 11am-1pm
- 25—Jr. Wrangler Volleyball 5th/6th begins
- 26—Jr. Wrangler Volleyball 3rd/4th begins

September:

- 1—Labor Day—PAC Closed
- 2—Return to Fall hours (see above)
- 2—Childcare returns
- 2—Jr. Wrangler 2nd/3rd grade Flag Football begins
- 9—Board Meeting
- 15—Session I Swim Lessons begin
- 19—Little Wrangler Friday begins
- 19—Drop in Rec begins 11am-noon (4th-8th grade)
- 25—HS Girls Swim Meet
- 30—K/1st grade Football Camp begins

October:

- 3—Youth Climbing Club begins
- 4—HS Girls Swim Meet
- 13—Coed Volleyball League begins
- 14—Board Meeting
- 21—Community First Aid/CPR Class @5:30pm
- 30—Thriller Night for MS Students 6-7:30pm
- 30—Murder Mystery Dance for HS Students 9-11pm
- 31—Spook Alley

November

- 3—Session II Swim Lessons begin
- 4—5/6th grade Jr. Wrangler Girls Basketball begins

4—1/2nd grade Jr. Wrangler Basketball begins

11—Board Meeting

14-16—Jackson USA Swim Meet

22—Fall Pie Social

26—Thanksgiving Eve—PAC closes at 4pm

27—Thanksgiving—PAC Closed

December:

- 6—Jollyball Jamboree Adult Volleyball Tournament
- 9—Board Meeting
- 12-13—Pinedale USA Swim Meet
- 15—Holiday Sale begins
- 16—Community First Aid/CPR Class @ 5:30pm
- 20—Frosty 5K
- 24—Christmas Eve—PAC Closed
- 25—Christmas—PAC Closed
- 31—New Year Eve - PAC closes @ 4pm

January:

- 1—New Years Day—PAC Closed
- 5—3rd/4th grade Co-Ed & 5th/6th boys basketball begins

Child Care—Beginning September 2:

PAC has Child Care available for our patrons while on-site. Cost is just \$1 per 1/2 hour. Come check out this awesome service for new babies through age 7.

**Tuesday—Thursday: 8:30am—Noon**  
**Evening Childcare coming in October!**

Climbing Wall:

The Todd Skinner Memorial Climbing Wall is available to PAC certified climbers during open facility hours. Summer hours until August 25.

Beginning August 25th, the climbing wall is staffed:

**Monday—Thursday: 4:00pm—6:00pm**  
**Friday and Saturday: 12pm—4:00pm**

Daily Admission Rates:

Resident:

Children (0-5) - Free  
Youth (6-18) - \$3.00  
Adult (19-59) - \$6.00  
Senior (60-74) - \$4.00

Non- Resident:

Children (0-5) - Free  
Youth (6-18) - \$4.00  
Adult (19-59) - \$10.00  
Senior (60-74) - \$6.00

Find membership rates and additional facility information on our website, or swing by PAC and inquire at Guest Services!

[www.pinedaleaquatic.com](http://www.pinedaleaquatic.com)  
**307-367-2832**



PINEDALE AQUATIC CENTER  
**THRILLER NIGHT**  
A HAUNTED COSTUME DANCE  
6TH - 8TH GRADES  
**OCTOBER 30**  
**6:00PM-7:30PM**  
AT PAC  
**\$10 AT THE DOOR**

PINEDALE AQUATIC CENTER  
**A DANCE TO DIE FOR**  
October 30<sup>th</sup>  
9pm-11pm  
9<sup>th</sup>-12<sup>th</sup> grade  
**\$10 at the door at PAC**  
Step into the Upside Down for a Stranger Things-inspired night of mystery and music! Dress as your favorite character or in spooky '80s style. Expect eerie vibes, killer tunes, and a mystery to solve. Don't miss this dance to die for!



Part of the Town of Pinedale  
Trick or Treat! Stop by PAC from 4-6pm for this fun, free, and slightly spooky event!

Facility Policies, Rules, and Information:

**\*\*All patrons must check-in at the front desk upon entry to PAC. All patrons are expected to pay admission when visiting PAC unless spectating during an organized program or event or as part of a facility rental/league/tournament.**

**\*\*All children 7 and under must be accompanied by an actively supervising responsible person aged 16+, including in the water.**

**\*\*Shirt & shoes are required in all areas outside of the pools and locker rooms.**

**\*\*Patrons must be 14 years of age or older—or accompanied by an actively supervising responsible party 18 or older — to be upstairs at PAC.**

**\*\*Weight room open to those 16 years of age and over who are actively participating. Youth aged 14-15 may use weight room when actively supervised by an adult (18+). Youth under 14 prohibited in the weight room.**

**\*\*Camera/Phone use prohibited in locker rooms.**

**\*\*PAC is located on SCSD#1 premises. No alcohol, tobacco, e-cigarettes, firearms, or pets are allowed in the building or surrounding areas (except service dogs, as defined by ADA & WY State Statute 35-13-205).**

**\*\*Program refunds subject to \$10 processing fee and must be requested at least 5 business days in advance of the first day of the program.**



CONTACT US

307.367.2832—GUEST SERVICES

[WWW.PINEDALEAQUATIC.COM](http://WWW.PINEDALEAQUATIC.COM)

DIRECTOR:

Amber Anderson | [aanderson@pinedaleaquatic.com](mailto:aanderson@pinedaleaquatic.com)

AQUATIC SUPERVISOR:

Kirby Walker | [kwalker@pinedaleaquatic.com](mailto:kwalker@pinedaleaquatic.com)

MAINTENANCE SUPERVISOR:

Klief Guenther | [kguenther@pinedaleaquatic.com](mailto:kguenther@pinedaleaquatic.com)

GUEST SERVICES SUPERVISOR:

Ruth Mack | [rmack@pinedaleaquatic.com](mailto:rmack@pinedaleaquatic.com)

RECREATION SUPERVISOR:

Deanna Fildey | [dfildey@pinedaleaquatic.com](mailto:dfildey@pinedaleaquatic.com)



PINEDALE AQUATIC CENTER—FALL 2025

Fall at PAC

As the weather cools and the school year settles into a routine, don’t forget to make **PAC** part of your fall plans! Whether you're looking to squeeze in a solo workout or join one of our many programs, we've got something for everyone. From **youth and adult rec sports** to **fitness classes**, **swim lessons**, and **seasonal events** like our **Halloween festivities**, **Coed Volleyball Tournament**, and the **annual Frosty 5K**—there’s always something happening at PAC. We can’t wait to see you here!



AQUATIC PROGRAMS:

American Red Cross—Learn To Swim—call to register!

**Session I:**  
**Monday/Wednesday —Sept. 15 - Oct. 8**  
*Levels 1-5 (ages 4+): 4:15pm—5:00pm*  
*Pre-School (ages 3-4): 5:15pm—5:45pm*  
*Levels 1-5 (ages 4+): 5:15pm— 6:00pm*  
**Cost: \$40**



**Session II: *No classes on 11/24 or 11/26***  
**Monday/Wednesday— Nov. 3 - Dec. 3**  
*Levels 1-5 (ages 4+): 4:15pm—5:00pm*  
*Pre-School (ages 3-4): 5:15pm—5:45pm*  
*Levels 1-5 (ages 4+): 5:15pm— 6:00pm*  
**Cost: \$40**

**Private Swim Lessons:** We offer private swimming lessons for both adults and children. Scheduled at any time during normal PAC operating hours—depending on instructor availability. Register online today!



**Lifeguard In-services:** Lifeguard training is a priority at PAC and our pools will be closed either the first Monday or Tuesday of the month at 6pm for in-services. **Interested in being a lifeguard? Contact Kirby at [kwalker@pinedaleaquatic.com](mailto:kwalker@pinedaleaquatic.com)**

Community CPR/First Aid Courses:

Get your American Red Cross First Aid & CPR certification at PAC! Just \$50  
Register by calling 307-367-2832

Assessment Dates:

October 21 @ 5:30pm and December 16 @ 5:30pm



*Note: Courses are primarily done online with a short face-to-face skills assessment. Salesforce will email you a link to course materials upon registration. Allow 3 to 5 hours to complete the online component.*

SPECIAL EVENTS:

Program	Dates	Age/Grade	Description	Min/Max	Deadline	Cost	Register
Thriller Night	10/30 6-8pm	6-8th grades	Middle schoolers, join us for a spooky Halloween dance! Dress in your best costume. Expect <b>chilling tunes, eerie vibes</b> , and just the right amount of fright— <b>jump scares optional!</b>	n/a	n/a	\$10	onsite
A Dance to Die For	10/30 9-11pm	9-12th grades	Step into the Upside Down for a <b>Stranger Things-inspired</b> night of mystery and music! Dress as your favorite character or in spooky '80s style. Expect eerie vibes, killer tunes, and a mystery to solve. Don't miss this dance to die for!	n/a	n/a	\$10	onsite
Fall Pie Social	11/22 1-3pm	All ages	Join us for an old fashioned pie social! We will have pie, coffee, and cider along with dancing and corn hole. Come and enjoy this FREE community event with family and friends. Bring a canned good to be donated.	n/a	n/a	Free	n/a
Spook Alley	10/31 4-6pm	Elementary age and under	Spook Alley is back! Join us from 4-6pm for a slightly spooky, but mostly fun time.	n/a	n/a	FREE	n/a
Jollyball Jamboree	12/6	16+	Come play in this fun and festive coed 6 v 6 volleyball tournament. Teams are guaranteed 4 games (including pool play). Register for the rec or competitive divisions. Festive, creative costumes encouraged!	6 teams/16 teams	Reg: ends 11/17 Late: ends 12/1	Reg: \$150 Late: \$200	online
Frosty 5K	12/20 10am	All ages	Bring the whole family down for an outdoor fun 5K walk/run to celebrate this holiday season. Warm-up after with a cup of hot cocoa or coffee. Contest for the best festive costume!	n/a	n/a	FREE— donations accepted	online

RECREATION PROGRAMS:

YOUTH:

Program	Dates	Age/Grade	Description	Min/Max	Deadline	Cost	Register
Rec It Fridays	9/19 - 12/12 Fridays 11am-noon	4th - 8th grade	Drop-in rec sports on no-school Fridays! Play games like kickball, dodgeball, giant volleyball, basketball, pickleball & more. Water-based fun on the last Friday of each month! No registration—just show up and Rec It! No Rec It on 11/28	n/a	n/a	FREE with daily admission	n/a
Little Wrangler Friday	9/19- 12/12 7:45am— 2:00pm	K-5	Join us on no school Fridays for a variety of active, creative, and educational activities. Register for one or all Fridays, and sign up early, as space is limited. NO LWF on 11/28	MN: 12 MAX: 20 will not run w/o min	when full	\$25/day	call
Climbing Club	10/3-11/21 Fridays	Grades 1-3: 11am-Noon Grades 4-8: 10am-11am	We teach kids the fundamentals of climbing while helping them build confidence, overcome fears, and challenge themselves in a fun and supportive environment. Join Coach Brittany Williams and grow strong—physically and mentally .	MIN: 6 MAX: 12	9/29 or when full	\$35	online
1-2 Grade Jr. Wrangler Basketball	11/4 - 12/18 T/TH	1st - 2nd	Our 1st & 2nd grade basketball program is the perfect way to introduce young athletes to the game. Through fun drills and age-appropriate games, we'll build a strong foundation in basic skills while encouraging teamwork and confidence.	MAX: 35 players	Reg: 10/13 Late: 10/27 or when full	Reg: \$50 Late: \$60	online
5-6 Grade GIRLS Jr. Wrangler Basketball	11/4 - 12/18 T/TH	5th-6th	Our girls-only division will help prepare young athletes for middle school basketball! They will focus on building fundamental skills, teaching basic plays, and boosting confidence on the court in a team-focused environment.	MAX: 20 players	Reg: 10/13 Late: 10/27 or when full	Reg: \$50 Late: \$60	online
3-4 Grade Coed and 5-6 Grade Boys Jr. Wrangler Basketball	Begins in January	3rd/4th and BOYS 5th/6th	Registration for this winter program will open in December. Keep and eye out for more details to come!	MAX: 40 players	TBD	Reg: \$50 Late: \$60	online



ADULT:

Program	Dates	Age/Grade	Description	Min/Max	Deadline	Cost	Register
Coed Volleyball League	10/13 - 12/2 Mondays	16+	This is a 6 on 6 coed volleyball league! Teams are guaranteed at least 6 games. Games will be played on Monday nights starting at 5:30PM. Players must be at least 16 years old and not a current high school athlete to participate. Register for Rec or Competitive division. PAC membership is NOT required to participate. Child care will be available until 7:45PM to accommodate league games.	4/12 teams	10/5 or when max teams is reached	\$25/player	online

