# **Group Fitness Classes and Personal Training**



We have a wide range of fitness class offerings for all levels. From Aerobics to Yoga, with classes in our studios and pools! Find our current schedule online or at PAC Guest Services. Also, join our PAC Fitness Group on Facebook to get updates on new classes and cancellations!

PAC also offers personal training for those who need a little more knowledge. Sign up for one or more days with our trainers to get yourself motivated for a lifetime of fitness. Our website has more information and rates on our fitness/personal training offerings: www.pinedaleaguatic.com









Scholarships for PAC programs and youth memberships are available through Friends of PAC. Visit the website to apply or to donate to support PAC programming and those who are in need in our community!

#### **CONTACT US**

307.367.2832—GUEST SERVICES (ext. 0) WWW.PINEDALEAQUATIC.COM

Amber Anderson | aanderson@pinedaleaguatic.com

#### **AQUATIC DEPARTMENT:**

Kirby Walker | kwalker@pinedaleaquatic.com

#### **FACILITY MAINTENANCE:**

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#### **GUEST SERVICES**

Ruth Mack | rmack@pinedaleaguatic.com

#### **RECREATION DEPARTMENT**

Joe Steege | jsteege@pinedaleaquatic.com Deanna Fildey | dfildey@pinedaleaquatic.com

# Party & Rental Information

PAC would love to be the host for your birthday party, youth group, or other event, with options for use of our patio, party room, climbing wall, pools, and a bounce house! Grab a party rental form online and reserve your date! Prices start at \$100 (add-ons available)

We also offer rentals for events, meetings, and trainings and have

multiple spaces available including a classroom, fitness studios, and gymnasium.

#### Facility Policies, Rules, and Information:

- \*All patrons must check-in at the front desk upon entry to PAC. All patrons are expected to pay admission when visiting PAC unless spectating during an organized program or event or as part of a facility rental/ league/tournament.
- \*\*All children 7 and under must be accompanied by an actively supervising responsible person aged 16+, including in the water.
- \*\*Shirt & shoes are required in all areas outside of the pools and locker rooms.
- \*\*Patrons must be 14 years of age or older—or accompanied by an actively supervising responsible party 18 or older — to be upstairs at PAC.
- \*\*Weight room open to those 16 years of age and over who are actively participating. Youth aged 14-15 may use weight room when actively supervised by an adult (18+). Youth under 14 prohibited in the weight room.
- \*\*Camera/Phone use prohibited in locker rooms.
- \*\*PAC is located on SCSD#1 premises. No alcohol, tobacco, e-cigarettes, firearms, or pets are allowed in the building or surrounding areas (except service dogs, as defined by ADA & WY State Statute 35-13-205).
- \*\*Program refunds subject to \$10 processing fee and must be requested at least 5 business days in advance of the first day of the program.

# PINEDALE AQUATIC CENTER



# **ACTIVITY GUIDE**



# Facility Hours and Operations: June 2—September 2

# **PAC Hours of Operation:**

Monday—Friday: 5am—7pm

Saturday: 10am-4pm

**Sunday: Closed** 

Holiday Closures: July 4th and Labor Day (9/1)

# **Pool Hours:**

Monday—Friday: 6am—6:45pm

Saturday: 10am—3:45pm (2pm for comp pool)

Rec swim starts at Noon (10am Saturdays) note: Pools close at 6pm for staff training once a month

# Dates to Remember:

#### June:

2—Summer Hours Begin

2—Little Wrangler Day Camp begins

11—Adventure Day Trip (ADT): New Fork Lake hike 16—Session 1: Swim Lessons begin

18—ADT: Stonehenge Bouldering/Boulder Lake

24—CPR and First Aid Class @ 1pm

25—ADT: Halfmoon Hike and Fish

# July:

1. 2. and 3—Mermaid Camp

4-July 4th holiday-PAC Closed

8—Youth Climbing Club begins

8—Youth Pickleball Program beings

14—Session 2: Swim Lessons begins

11—3on3 Pinedale Shootout basketball tournament

15—CPR and First Aid Class @ 5:30pm

16—ADT: Fremont Lake Paddleboard

18—Midnight on the Mesa

23—ADT: Tie Hack Orienteering

30—ADT: Mountain Biking day (BYO Bike)

# August:

4—Session 3: Swim Lessons begins

15—Friends of PAC—Great Pine Creek Duck Derby

16-17—The Big Dill pickleball tournament

18—Jr. Wrangler Tackle football begins

19—CPR and First Aid Class @ 1pm 25—Jr. Wrangler Volleyball begins

# September:

1—Labor Day holiday—PAC Closed

2—Fall Hours begin

3—2nd/3rd grade Jr. Wrangler Flag Football begins

# **Climbing Wall:**

The Todd Skinner Memorial Climbing Wall is available to PAC certified climbers during open facility hours. The climbing wall is staffed:

Monday—Saturday: 12pm—4pm

Do you want to learn to belay? Contact Joe at jsteege@pinedaleaquatic.com for more information and to set up a class time.

# May 26—June 1: PAC annual shutdown.

# Daily Admission Rates:

**Resident\*** (Sublette County and LaBarge):

Children (0-5) - Free Youth (6-18) - \$3.00 Adult (19-59) - \$6.00 Nonresident: Youth (0-4) - Free

Youth (5-18) - \$4.00 Adult (19-59) - \$10.00

Senior (60-74) - \$6.00

#### Just here for the summer?

Senior (60-74) - \$4.00

Buy a nonresident 10-punch pass—Just \$70 for 10 adult visits or \$40 for 10 youth visits. Residents are those who spend 3 or more consecutive months in Sublette County.

Here for a shower? We have towels available for \$4.00

www.pinedaleaquatic.com 307-367-2832



# **PINEDALE AQUATIC CENTER—Summer 2025**

Summer in Pinedale is full of sunshine, adventure, and unpredictable Wyoming weather—so whether it's a warm, bluebird day or a sudden afternoon storm, PAC has something for everyone! Our Little Wrangler Day Camp keeps kids active and engaged all summer long, while our Adventure Day Trips offer exciting outdoor experiences for older students. Sports lovers can join our 3-on-3 Basketball Tournament or The Big Dill Pickleball Tournament, and runners can take on the challenge of Midnight on the Mesa, our nighttime trail race. Water lovers will enjoy swim lessons, our fun-filled Mermaid Camp, and cooling off at our free splash pad. As summer winds down, PAC gets ready for fall with youth volleyball and football kicking off in August. No matter the weather, PAC is your place for summer fun!





# **Aquatics Programs**

Come Learn-To-Swim at PAC with our American Red Cross lessons for all ages. If these times don't work, schedule private lessons or get-a-group through our website! All lessons are \$40 per session! Call 307-367-2832 to register.

#### Session 1:

Pre-K & Levels 1-5 | June 16 — June 26 | Monday — Thursday | 9am, 10am

#### Session 2:

Pre-K & Levels 1-5 | July 14 — July 24 | Monday — Thursday | 9am, 10am

#### Session 3:

Pre-K & Levels 1-5 | August 4 — August 14 | Monday — Thursday | 9am, 10am



Class sizes are limited, so sign up early!

Private Swim Lessons: We offer private swimming lessons for both adults and children. Scheduled at any time during normal PAC operating hours—depending on instructor availability. Register online today!



**Lifeguard In-services:** Lifeguard training is a priority at PAC and our pools will be closed either the first Monday or Tuesday of the month at 6pm for in-services. **Interested in being a lifeguard? Contact Kirby at kwalker@pinedaleaquatic.com** 

#### **Mermaid Science Camp**

Calling all aspiring mermaids! Dive into the magic of our Mermaid Science Camp, a special 3-day experience where campers will learn to swim like a mermaid and explore fun dryland science experiments. PAC has mermaid flippers available, or participants can bring their own flipper and tail. Don't miss out on this fin-tastic adventure.

Ages: 3rd-8th grade Dates: July 1st-3rd Time: 9:00 AM - 11:00 AM Cost: \$40 Min: 6 | Max: 12

Registration: Online Requirement: Must pass a basic swim test to participate.

# **Community CPR/First Aid Courses:**

Get your American Red Cross First Aid & CPR certification at PAC! Just \$50 Register by calling 307-367-2832

#### **Assessment Dates:**

June 24 @ 1pm , July 15 @ 5:30pm , and August 19 @ 1pm



Note: Courses are primarily done online with a short face-to-face skill. assessment. Instructors will email you a link to course materials upon registration. Allow 3 to 5 hours to

# **FREE Community Splash Pad Time**

Join us every Wednesday starting on June 4 from 11am-12:30pm and enjoy some time on our Splash Pads (purchased with funding from the Sublette County Recreation board). Come hang out on the tennis courts and enjoy some sunshine, water, and time with other families in the community!

Questions about anything in this guide? Contact us at info@pinedaleaquatic.com or call 307-367-2832 to speak to a staff member!

# **Recreation Programs**

# Youth Programs (grades for the 25/26 school year):

Program	Dates	Age/Grade	Description	Min/Max	Deadline	Cost	Register
Little Wrangler Day Camp	6/2 - 8/15 M - F	Grades 1-5	Our ever-popular summer day camp for those going into grades 1-5. Pre-registration opens April 15. Fill out our form online to get on the list for callbacks. Registration callbacks begin on 4/17. NO in person registration until Monday, 4/21.	Max: 25 per group	when full	M-TH: \$32/day F: \$24/day	At PAC
Adventure Day Trips	6/11, 6/18, 6/25, 7/16, 7/23, 7/30 10am-2pm	Grades 5-8	Join us as we adventure into the area around we where we live! We will take groups hiking, paddle boarding, fishing, and mountain biking. Find more details about each trip online at registration.	Min: 8 Max: 20	when full	\$50/trip	At PAC
Youth Climbing Club	7/8 - 7/31 Tue/Thur	Grades 1-3: 11am-noon Grades 4-8: 10am-11am	Sign your budding climber up for this awesome program that will teach them how to climb, but also how to build confidence and overcome fears!	Min: 6 Max: 10	when full	\$35	Online
Summer Pickleball Program	7/8 - 8/14 Tue/Thu 4-5pm 5-6pm	Grades  5th—9th  10th—College	Perfect for beginners and budding pickleball pros alike. Bring your own paddle if you have one, or we will have paddles available for use. Participants ages 14+ will get a FREE registration for The Big Dill Pickleball tournament with registration fee .	Min: 8 Max: 24	when full	\$50	Online
Jr. Wrangler Tackle Football	8/18 - 10/10 M/T/W 6-7:15pm	Grades 4th - 6th	The program focuses on teaching introductory football skills, formations, and the rules and language of the game. Practices will teach fundamentals, emphasizing skills that will carry over into weekly games.	Min: 20 Max: 40	Reg: 7/28 Late: 8/4 or when full	Reg: \$50 Late: \$60 plus \$100 deposit	Online
Jr. Wrangler Volleyball	8/25-10/1 M/W 4-5pm M/T/W 5:30- 6:45pm	Grades: 3rd/4th 5th/6th	Jr Wrangler Volleyball will offer athletes, both boys and girls, an introduction to the game of volleyball. Activities and exercises will focus on fundamentals as well as building coordination and skill development.	Min: 12 Max: 36 *per age division	Reg: 8/4 Late: 8/18 or when full	Reg: \$50 Late: \$60	Online
Jr. Wrangler 2nd/3rd Flag Football	9/3 - 10/8 M/W 5-6pm	Grades 2nd/3rd	The program focuses on teaching introductory football skills, formations, and the rules and language of the game. Practices will teach fundamentals, emphasizing skills that will carry over into weekly games.	Min: 20 Max: 34	Reg: 8/11 Late: 8/22 or when full	Reg: \$50 Late: \$60	Online
Jr. Wrangler K/1st Flag Football	9/29- 10/8 M/W 3:45- 4:30pm	Grades K/!st	The program focuses on teaching introductory football skills, formations, and the rules and language of the game. Practices will teach fundamentals, emphasizing skills that will carry over into weekly games.	Min: 10 Max: 30	Reg: 9/8 Late: 9/18 or when full	Reg: \$30 Late: \$40	Online

# **Special Events** (grades for the 25/26 school year):

Program	Dates	Age/Grade	Description	Min/Max	Deadline	Cost	Register
Pinedale 3 on 3 Shootout Basketball Tournament		Grades 5th through Adults	This is a 30n3 street basketball tournament for ages 5 <sup>th</sup> grade – adult. Teams are guaranteed three games. The top TWO teams in each youth division will be awarded trophies and the top TWO teams in each adult division will be awarded PRIZE MONEY (Champion - \$500 2 <sup>nd</sup> Place - \$200)!	Min: 3 Max: 8 *per division	Reg: 6/16 Late: 7/6	Reg: \$80 youth \$100 adult Late: \$100 yth \$120 adult	Online
Midnight on the Mesa		8+ for the 5K/10K/Half All ages welcome for the 1K race	Experience the thrill of running the high desert in Pinedale, Wyoming! Starting at 7,285', choose from a half marathon (7pm), 10K (8pm), or 5K (9pm) on a scenic 3-mile loop. Climb 375' to Mount Airy for stunning views of the Wind River Mountains before descending winding trails. Add the option of a 1K kids race and you have a perfect summer trail race for everyone in the family! (registration required for all races)	NA	swag not guaranteed		online
The Big Dill Pickleball Tournament	8/17	Divisions for 14 years and up	The Big Dill Pickleball Tournament is here! Open to ages 14+, this fun and exciting outdoor tournament is perfect for players of all levels. 1st event: \$40   2nd event \$20	NA	8/11	14-22: \$25 23+: \$20 -\$40	Online